



Deepawali Celebration Program- 2017

*We welcome all of you on the occasion of Deepawali at Shanti Mandir in Magod, Gujarat
In the company of Shree Gurudev Mahamandaleshwar
Swami Nityanand Saraswati*

October 17, Tuesday (Dhan Trayodashi)	Recitation of Ved Mantras (Chapter 1-20) (07:00 AM -01:00 PM) Kuber & Dhanwantari Poojan (06:00 PM - 08:00 PM)
October 18, Wednesday (Narak Chaturdashi)	Recitation of Ved Mantras (Chapter 21-40) (07:00 AM -01:00 PM)
October 19, Thursday (New Moon) Deepawali - Festival of lights	Lakshmi Havan (06:00 AM - 09:00 AM) Lakshmi Pooja (05:42 PM - 08:00 PM)
October 20, Friday	Annakoot Poojan (07:00 AM - 08:00 AM)
October 21, Saturday	Sundar-Kand Path & Bhai Dooj Poojan (06:00 AM - 08:30 AM)
October 22, Sunday	Kirtan / Chanting (7:00 AM – 12:00 NOON)

We look forward to welcoming you at the Ashram!

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“May All Beings Be Content”

www.shantimandir.com

Chanting of Ved Mantras - Not just an ancient ritualistic practice, but the imperative need of the day!!!

Vedic mantras (Shabda Brahma) are a manifest form of the Absolute. The letters of the alphabet are imperishable, hence called Akshara. In today's terminology, it can be called mantra therapy, as the effect is at a much deeper sub conscious level, beyond the mind.

They have the potency to alleviate all disorders of the body and mind and incline the person towards auspicious deeds extolled in the Vedas.

They provide physical and metaphysical benefits.

Research has shown that the curative effects are due to release of beneficial neurotransmitters in the brain.

Listening to mantras lowers blood pressure, normalizes heart beat rate, brain wave pattern, adrenalin level and even cholesterol level.

They help develop intelligence and concentration, ease stress, anger, depression and take one to a higher level of consciousness.

The relevance of Vedic chanting is even more in the modern times to counteract the malady of modern civilization.

We invite you to personally experience the sound vibrations, chanted live by young men, being trained in the traditional method of Teacher to Student.

“May All Beings Be Content”