Meditation Intensive

with Gurudev Nityananda

"THE BLISS OF FREEDOM"

Saturday, July 1, 2017, 9:00 am – 4:00 pm

Meditation Intensives were a vehicle through which Baba Muktananda, the renowned sage of India, bestowed grace on thousands around the world creating a "meditation revolution" in the 1970s and early '80s. That tradition continues today.

Meditation Intensive with Gurudev Nityananda, successor of Baba Muktananda, provides a unique opportunity to receive guidance, inspiration, and encouragement for one's own spiritual practice by spending the day in his presence.

Please join us for this Meditation Intensive with Gurudev Nityananda at Shanti Mandir, Walden.

All are welcome.

- Mantra meditation
- Guided meditation
- Questions and answers with Gurudev Nityananda
- Quiet contemplation

The goal of Intensives is to bring peace to the mind and nourish love for the Inner Self."

– BABA MUKTANANDA

Pre-registration recommended.

Donation: $125*

Call 845-778-1008 for more information.

* Includes a wholesome, homemade, vegetarian lunch.

SHANTI MANDIR
Temple of Peace

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