

SHANTI MANDIR
2017 WALDEN CALENDAR

July

DEAR FRIENDS,

It is our pleasure to announce a summer sojourn by Gurudev Nityananda in Shanti Mandir, Walden, commencing in July. We encourage you to enjoy this idyllic time in the Hudson Valley in his sublime company. Events in July will include a Meditation Intensive, the celebration of Guru Poonima and enlightening Conversations with Gurudev. Come and visit Shanti Mandir through the summer and into the fall. We welcome you all with love.

SUBJECT OF THE YEAR

AṢṬĀVAKRA GĪTĀ

GURUDEV'S WELCOME WEEKEND

MEDITATION INTENSIVE WITH GURUDEV*

Saturday, July 1

TOPIC: THE BLISS OF FREEDOM

9:00am - 4:00pm

A day of immersion in meditative practices with Gurudev.
Donation: \$125 (includes lunch). Pre-registration recommended.

KIRTAN AT NAMASTE

7:30-9:00 pm

Sunday, July 2

GURUDEV'S WELCOME SATSANG

9:00am Shree Guru Gita • 10:00am - 12:00 noon Satsang

SANT SAMAGAM: GATHERING OF SAINTS

Speakers: Gurudev, M.M. Swami Vishveshwarananda, and others
6:00-8:00pm

Hindu Center, 4552 Kissena Boulevard, Flushing, NY 11355

CONVERSATIONS WITH GURUDEV*

Saturday, July 1 - Sunday, July 9

10:00am - 12:00 noon on weekdays

Full attendance mandatory. Activities in the company of Gurudev to deepen our understanding and experience of the teachings. One should be able to sit or walk comfortably for two hours. All-inclusive package: \$1200 (includes Meditation Intensive). Independent registration available for the Intensive.

GURU POONIMA (FULL MOON)

Saturday, July 8

Festival in honor of the Guru principle

6:45 am Shree Guru Gita

8:15 am Breakfast

10:00 am - 4:00 pm All day chant

1:00 pm Lunch

6:00 pm Arati and Video

7:30 pm Dinner

Sunday, July 9

SATSANG WITH GURUDEV

9:00am Shree Guru Gita • 10:00am - 12:00 noon Satsang

YOUTH RETREAT*

Sunday, July 9 - Sunday, July 16

Week filled with activities for youth.

Pre-registration recommended.

For more information, visit our website.

Saturday, July 15

KIRTAN

7:30-9:00 pm

Sunday, July 16

SATSANG WITH GURUDEV

9:00am Shree Guru Gita

10:00am Retreat finale and drama performance by youth
11:00am Satsang • 12:00 noon Lunch



YOGA PHILOSOPHY WORKSHOPS*

Monday, July 17 - Saturday, July 29

An intensive fortnight exploration of the essential teachings of yoga.

Instructors: Delia Amézquita (17-18), Vivek Desai (20-21), Keval Pezet (24-25), and Larry Holmes (27-28)

One-on-one sessions on July 19 and 26

Panel discussion on July 22 and 29.

\$1700 (all-inclusive package) or \$100 per day

For more information, visit our website.

Saturday, July 22

KIRTAN

7:30-9:00 pm

Sunday, July 23

SATSANG WITH GURUDEV

9:00am Shree Guru Gita • 10:00am - 12:00 noon Satsang

CONCERT

Saturday, July 29

Bansuri (flute) concert by Steve Gorn

Accompanied on tabla by Suryaksha Deshpande

7:00-9:00pm • Entrance fee: \$25 (\$15 for students)

Sunday, July 30

SATSANG WITH GURUDEV

9:00am Shree Guru Gita • 10:00am - 12:00 noon Satsang

* Online registration available.

Every Sunday, Guru Gita, 9:00-10:00am;
Satsang (kirtan, meditation, and discourse), **10:00am until noon.**
A vegetarian meal follows and everyone is welcome to participate.
Hatha Yoga Classes **every Monday, 7:30-8:30pm and every Thursday, 6:30-8:00pm**, one-on-one yoga sessions and meditation sessions available



51 Muktananda Marg (off Route 208 between Walden and the village of Walkill), Walden, NY 12586

Call (845) 778-1008 for more information.

www.shantimandir.com

Gift Shop open every day
10:00AM - 6:00PM

If you wish to visit outside of these hours,
please call (845) 778-1008. <http://www.shantimandir.com/shop/>