



KASHMIR *Shaivism* WORKSHOP

PLAY OF CONSCIOUSNESS

SATURDAY, MAY 21, 2016

10:00 AM TO 12:30 PM

AT SHANTI MANDIR IN WALDEN, NEW YORK

It is significant that Baba Muktananda, who played a pivotal role in bringing the teachings of Kashmir Shaivism to the West, titled his spiritual autobiography *Play of Consciousness*. Why does Kashmir Shaivism refer to this world as a play? Who is the director of this play? Who are the actors? What is the stage? How would understanding this world as a play impact our lives? Join us on Baba's 108th birthday as we explore the phrase "play of consciousness" using *Śiva Sūtras* (*The Aphorisms on Shiva*) as our reference guide.

Kashmir Shaivism is a non-dual philosophical tradition that provides the scriptural context for the teachings of the sages. The purpose of this workshop series is to provide an understanding and experience of this sublime philosophy. The workshop format includes exposition, discussion, and centering techniques. Each workshop in this ongoing series focuses on a particular scripture or theme.

All are welcome, and no prerequisites are required.

**"THE DISCUSSION OF SHAIVISM ALWAYS BRINGS JOY.
BY GRANTING THE KNOWLEDGE OF THE SELF,
SHAIVISM DESTROYS IGNORANCE."**

- BABA MUKTANANDA

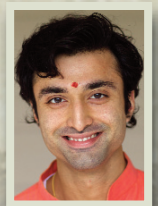


Shanti Mandir

51 Muktananda Marg
(off Route 208 between Walden
and the village of Wallkill)
Walden, NY 12586
www.shantimandir.com

WORKSHOP INSTRUCTOR: VIVEK DESAI, PHD

Vivek grew up in a family of Baba Muktananda's devotees. He holds several degrees, including a B.A. in Philosophy and a minor in Religious Studies, and is currently a student of Sanskrit language. He has been teaching yoga philosophy since 2008, and is known for his ability to interpret and convey the essence of scriptures in a very precise manner.



Donation: \$25

Includes a wholesome, homemade, vegetarian lunch

Call 845-778-1008 for more information.