

SHANTI MANDIR
2016 WALDEN CALENDAR

March

DEAR FRIENDS,

Even as we savor Gurudev Nityananda's February visit at Shanti Mandir in Walden, we look ahead to the events in March when we may further contemplate and imbibe the teachings he gives. A Kashmir Shaivism Workshop on the Guru, the celebration of Shivaratri, study of the *Aṣṭāvakra Gītā*, kirtan, and meditation – all will serve to take us deeper in our own practice. We welcome you with love.

SUBJECT OF THE YEAR
AṢṬĀVAKRA GĪTĀ

(AVAILABLE IN THE SM GIFT SHOP)

KASHMIR SHAIVISM WORKSHOP

Saturday, March 5

Focus will be on the Guru.
Text: *Śiva Sūtras* (Aphorisms on Shiva)
10:00am – 12:30pm
Conducted by Vivek Desai
Donation: \$25 (includes lunch)

MEDITATION
7:30–9:00 pm

Sunday, March 6

SATSANG
9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang
Chants to Lord Shiva, the Self of All

MAHA SHIVARATRI

Monday, March 7

7:30–10:00pm
Shiva Mahimnah Stotram and *Om Namah Shivaya*

Saturday, March 12

MEDITATION
7:30–9:00 pm

Sunday, March 13

SATSANG
9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang
Video of Gurudev's talk

Saturday, March 19

KIRTAN
7:30–9:00 pm

Sunday, March 20

SATSANG
9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang
"Self and Self-image," a talk by Umesh Nagarkatte

Saturday, March 26

KIRTAN
7:30–9:00 pm

Sunday, March 27

SATSANG
9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang
Kirtan

*You are neither the doer
nor the enjoyer.*

AṢṬĀVAKRA GĪTĀ, VERSE 1.6

Every Sunday, *Guru Gita*, 9:00–10:00am; Satsang (kirtan, meditation, or discourse), 10:00am until noon.
A vegetarian meal follows and everyone is welcome to participate.
Hatha Yoga Classes Every Monday, 7:30–8:30pm and every Thursday, 6:30–8:00pm



51 Muktananda Marg (off Route 208 between Walden and the village of Wallkill), Walden, NY 12586
Call (845) 778-1008 for more information.
www.shantimandir.com

Gift Shop open every day
10:00AM – 6:00PM

If you wish to visit outside of these hours,
please call (845) 778-1008. <http://www.shantimandir.com/shop/>

