

SHANTI MANDIR 2015 WALDEN CALENDAR

August

DEAR FRIENDS,

August at Shanti Mandir begins with a Meditation Intensive with Gurudev entitled "Guru's Grace" on August 1st. Then, while Gurudev visits Colorado and conducts a retreat in the mountains, programs will continue here at the Ashram. Along with Saturday night Kirtans and Sunday morning Satsangs, we will celebrate Baba's Divya Diksha on August 15th and enjoy a Kashmir Shaivism workshop. Gurudev will be returning to Walden in the month of September. We warmly invite you to visit and stay in the new Mukteshwari building during August or any time you can.

*For a great being,
there is no attachment,
no delusion, and no fear.*

BABA UKTANANDA, SECRET OF THE SIDDHAS



Every Saturday night, kirtan
(chanting the divine name), **7:00–9:00pm.**
Every Sunday, Guru Gita, 9:00–10:00am; Satsang (includes kirtan, meditation, and discourse), **10:00am until noon.**
A vegetarian meal follows and everyone is welcome to participate.
Daily Hatha Yoga Classes
Every Monday 7:30–8:30pm and
Every Monday – Friday, 10:30am–12:00 noon, 6:30–8:00pm,
Hatha Yoga class. One-on-One yoga sessions available.



51 Muktananda Marg (off Route 208 between Walden and the village of Walkill), Walden, NY 12586
Call (845) 778-1008 for more information.
www.shantimandir.com

Gift Shop open every day
10:00AM – 6:00PM

If you wish to visit outside of these hours,
please call (845) 778-1008. <http://www.shantimandir.com/shop/>



SUNDAY SATSANG SUBJECT
SPANDA KĀRIKĀS
(AVAILABLE IN THE SM GIFT SHOP)

Saturday, August 1
MEDITATION INTENSIVE WITH GURUDEV: GURU'S GRACE
9:00am – 4:00pm

A day of immersion in meditative practices with Gurudev.
Suggested donation: \$125 (includes lunch)

Sunday, August 2
SATSANG WITH GURUDEV
9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang

Saturday, August 8
EVENING KIRTAN
7:30–9:00pm

Sunday, August 9
SATSANG
9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang
Kirtan

BABA UKTANANDA'S DIVYA DIKSHA CELEBRATION

Saturday, August 15
The day Baba received Shaktipat initiation from
Bhagawan Nityananda.
6:40am – Shree Guru Gita
7:30–9:00pm – Evening Kirtan (Om Bhagawan)

Sunday, August 16
SATSANG
9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang
"The Yoga of Spanda," a talk by Dana Wilkinson

KASHMIR SHAIVISM WORKSHOP

Saturday, August 22
This workshop will focus on the Shaivite practice of
breath awareness.
Text: *Vijñāna Bhairava (Direct Experience of the Divine)*
10:00am – 12:30pm
Conducted by Vivek Desai
Suggested donation: \$25 (includes lunch)

7:30–9:00pm
EVENING KIRTAN

Sunday, August 23
SATSANG
9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang
Meditation

Saturday, August 29
EVENING KIRTAN
7:30–9:00pm

Sunday, August 30
SATSANG
9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang
Singing of Bhajans (devotional poems)

