

# SHANTI MANDIR 2015 WALDEN CALENDAR

## February

DEAR FRIENDS,

February is a perfect time for Kirtan, Bhajans (devotional ballads) and Meditation at Shanti Mandir. Just as the depth of winter holds the promise and glorious potential of spring, Lord Shiva contains the unlimited power and splendor of this universe. Thus, this month we celebrate inner divinity on the occasion of Maha Shivaratri, and learn how to experience it during the Meditation Retreat, "Self-Inquiry."

We welcome you all with love.



SUNDAY SATSANG SUBJECT  
SPANDA KARIKAS

### Sunday, February 1

9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang  
Meditation

### Saturday, February 7

7:30–9:00pm Kirtan

### Sunday, February 8

9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang  
Singing of Bhajans (Devotional Poems)

### Saturday, February 14

#### KASHMIR SHAIVISM WORKSHOP

This workshop will focus on *The Heart of Self-Recognition*.

10:00am – 12:30pm

Conducted by Vivek Desai

Suggested donation: \$25 (includes lunch)

7:30–9:00pm Kirtan

### Sunday, February 15

9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang  
Kirtan and singing of hymns to Shiva

### Tuesday, February 17

#### MAHA SHIVARATRI

7:30 – 10:00pm

Shiva Mahimnah Stotram

Om Namah Shivaya

### Saturday, February 21

#### MEDITATION RETREAT: SELF-INQUIRY

10:00am – 5:00pm

A day of immersion in contemplation and meditation.

Conducted by Devayani and Vivek

Registration required.

Suggested donation: \$100 (includes lunch)

7:30–9:00pm Kirtan

### Sunday, February 22

9:00am Shree Guru Gita • 10:00am – 12:00 noon Satsang  
"Loving the world we create, sustain, and dissolve,"  
a talk by Nityeshwari Bordoy

### Saturday, February 28

7:30–9:00pm Kirtan

*Remembering the all-pervasive  
Consciousness seated in the heart,  
we bow to Shiva –  
Om Namah Shivaya.*

BABA MUKTANANDA

**Every Saturday night**, kirtan  
(chanting the divine name), **7:00–9:00 pm.**  
**Every Sunday, Guru Gita, 9:00–10:00 am;**  
Satsang (includes kirtan, meditation, and discourse),  
**10:00am until noon.** A vegetarian meal follows and  
everyone is welcome to participate.  
**Every Monday 7:30–8:30 pm** and  
**every Thursday 6:30–8:00 pm**, Hatha Yoga class.



51 Muktananda Marg (off Route 208 between Walden  
and the village of Wallkill), Walden, NY 12586  
Call (845) 778-1008 for more information.  
[www.shantimandir.com](http://www.shantimandir.com)

Giftshop open every day 10:00am – 6:00 pm

If you wish to visit outside of these hours, please call (845) 778-1008.  
<http://www.shantimandir.com/shop/>