



Gurudev Nityananda

I N M A N R E S A

MEDITATION INTENSIVE

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SUNDAY
NOVEMBER 16TH
10:00 AM TO 5:00 PM

MASIA LES OLIVERES

ST. FRUITÓS DE BAGES

CONTACT:
JOAQUIM TARRAGO
+34 670 058 443

Born in Mumbai, India, in 1962, Gurudev Swami Nityananda was brought up from birth in an environment of yoga and meditation.

His parents were devotees of Bhagavan Nityananda and of Baba Muktananda. Baba was to become Gurudev's Master during his childhood.

In 1981, Baba Muktananda appointed Gurudev as his successor, which materialized in 1982, when Baba installed Gurudev and his sister as representatives of his lineage.

Gurudev, since a young age, has learned the diverse practices of yoga which included meditation, Sanskrit chanting, and studying the philosophies of Vedanta and Kashmir Shaivism.

In 1987, Gurudev founded Shanti Mandir as a vehicle to continue the work of his Guru.

Currently there are three Shanti Mandir ashrams that offer the knowledge, and the opportunity to do these practices.

In the year 1995, at the age of 32, in a traditional ceremony in India, the Swami order that Gurudev belongs to proclaimed him as a Mahamandaleshwar in recognition of both his personal spiritual achievement and of the lineage he represents.

Shanti Mandir also supports a series of community projects and charity activities in India.

Gurudev shares the ancient Indian spiritual practices. His humility, communication skills and connection to Western culture allow him to present the traditional Vedic wisdom in a manner that is easy to understand so people can then apply them in their daily lives.

The Meditation Intensive offers an opportunity to understand and experience directly a spiritual awakening, and of spending one day in the presence of Gurudev Swami Nityananda.

This program includes meditation techniques, chanting of mantras and kirtans, and other sessions that allow the mind to rest in silence.

Donation for this program is 95 Euros.

To register, please contact Narayan at tarragosoler@gmail.com