

2014 GURU POORNIMA

Sky OF THE Heart

YOUTH RETREAT

SUNDAY, JULY 6 – SUNDAY, JULY 13, 2014

It is with great joy that we invite you to the Youth Retreat during Gurudev Nityananda's 2014 Summer visit to Shanti Mandir, Walden. The Youth Retreat plants and nurtures uplifting values in the youth by introducing them to the timeless, universal, and priceless teachings of the sages. The presence of the Guru, combined with the Ashram's natural beauty and sacred atmosphere, provides a powerful environment for the youth to learn the teachings of yoga and meditation.

Highlights of the retreat include:

- Satsangs with Gurudev Nityananda
- Meditation workshop
- Interactive classes
- Kirtan (chanting)
- Yoga classes
- Study of sacred texts on Divine Love
- Stories containing universal and timeless teachings
- Drama performance
- Wholesome food, good company, and more...

Activities are planned for participants of all age groups – children and young adults – in different locations on the land of Shanti Mandir. Adults are also welcome to come and immerse themselves for a week in the Ashram life and teachings.

The Retreat will conclude with the Guru Poornima Celebration on July 12 and Gurudev's Farewell Program on July 13.

Registration required.*

Suggested donation: \$350 for the entire retreat, \$40 per day, and \$50 per day with overnight stay

For more information, email Vivek at vivek@shantimandir.com or call 845-778-1008

* Registration can be done at www.shantimandir.com or at vivek@shantimandir.com. Upon registering, we will inform you of the necessary items required. Parents are invited to sign the liability waiver upon arrival.

With great love and respect, a heartfelt welcome to everyone.

– RABA MUKTANANDA

To learn more about Shanti Mandir, visit www.shantimandir.com

