

Meditation Retreat

HONORING SHAKTI

Saturday, April 5
9:00am to 4:00pm

The Meditation Retreat provides a powerful atmosphere to deepen one's understanding and experience of meditation.

The focus of this retreat is Honoring Shakti (Divine Power).

The retreat will include:

- Talks and Interactive Sessions
- Meditation and centering techniques
- Quiet contemplation
- Kirtan
- Wholesome food, good company, and more.

The retreat will be conducted by Dana Wilkinson and Vivek Desai.

Registration required.
Suggestion donation: \$100



To learn more about Shanti Mandir, visit www.shantimandir.com

51 Muktananda Marg (off Route 208 between Walden and the village of Wallkill) • Walden, NY 12586
Call (845) 778-1008 for more information.

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