

Gurudev Nityananda's *Welcome Program*

MAY 24-26

It is with great joy that we invite you to join us in welcoming Gurudev Nityananda to Shanti Mandir, Walden. The three-day weekend is packed with a variety of events and we welcome you to participate and immerse yourself in this celebration that marks the beginning of a wonderful summer at Walden.

SATURDAY, MAY 24

9:00am – 4:00pm

Meditation Intensive: The Bliss of Freedom

A day of meditation in the presence of Gurudev. The program includes a talk by Gurudev as well as other sessions that allow the mind to rest in silence.

Registration required. Donation: \$125*

7:00 – 9:00 pm

Indian Classical Music: Sarod Concert by Anirban Dasgupta Accompanied on Tabla by Suryaksha Deshpande

Anirban Dasgupta is the son and disciple of the renowned Sarod maestro Pt. Buddhadev Dasgupta. He is well known today for his delicate mastery of the Sarod and has performed widely in India as well as abroad.

Suryaksha Deshpande has been a direct disciple of tabla maestro Pt. Arvind Mulgaonkar for last 20 years. He has performed around the world and has captured audiences with his dazzling virtuosity and knowledge.

Entrance fee: \$30*

Includes Indian delicacy and chai

SUNDAY, MAY 25

Satsang Welcoming Gurudev

9:00-10:00am *Shree Guru Gita*
10:00am – 12 noon *Satsang*

MONDAY, MAY 26

9:00am – 12 noon *Shanti Darshanam Yoga Workshop*

A morning of practical philosophy and gentle Hatha Yoga for every Body.
Registration required. Donation: \$51.00

1:00pm *Memorial Day Picnic*

*Please note that the total donation for participation in all the programs from May 24-26 is \$251 (includes accommodations and three meals per day).

