SHANTI MANDIR 2016 Walden Calendar

DEAR FRIENDS,

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The various aspects of yoga form a colorful tapestry at Shanti Mandir during the month of June. International Yoga Day Celebration, a talk on non-dualism or Jñana Yoga, and a day of Karma Yoga in advance of an extended summer visit by Swami Nityananda are some of the events to be offered. They are underlined by the ever present *bhakti* or devotional yoga of daily kirtans and Sanskrit recitations which sustain the powerful Ashram atmosphere. We welcome you with love.

> subject of the year ASTĀ<u>VAKRA GĪTĀ</u>_____

(AVAILABLE IN THE SM GIFT SHOP)

SUMMER GIFT FAIR

Saturday, June 4

10:00 am - 4:00 pm Come and discover an array of new, beautiful and unique treasures. The Gift Fair will continue throughout the summer months.

MEDITATION

7:30–9:00 pm

Sunday, June 5 SATSANG

9:00 am Shree Guru Gita • 10:00 am – 12:00 noon Satsang "The Intelligence of Silence," a sharing by Delia Amezquita

Kirtan

Saturday, June 11 KIRTAN

7:30–9:00 pm

Sunday, June 12

SATSANG

9:00 am Shree Guru Gita • 10:00 am – 12:00 noon Satsang Meditation

INTERNATIONAL YOGA DAY CELEBRATION

Saturday, June 18

10:00 am – 1:00 pm Discussion, yoga, and meditation Coming together to celebrate the transformative practice of yoga (No entrance fee)

Sunday, June 19, Father's Day

SATSANG

9:00 am *Shree Guru Gita* • 10:00 am – 12:00 noon Satsang "Understanding the Mind," a talk by Vivek Desai



Saturday, June 25 GROUP SEVA DAY

11:00am – 4:00pm

KIRTAN 7:30–9:00 pm

Sunday, June 26

SATSANG 9:00 am *Shree Guru Gita* • 10:00 am – 12:00 noon Satsang Video of Gurudev's talk

When there is no 'I,' there is liberation.

ASHTAVAKRA, AṢṬĀVAKRA GĪTĀ, 8.4

Every Sunday, Guru Gita, 9:00–10:00am; Satsang (kirtan, meditation, or discourse), 10:00am until noon. A vegetarian meal follows and everyone is welcome to participate. Hatha Yoga Classes Every Monday, 7:30–8:30pm and every Thursday, 6:30–8:00pm



51 Muktananda Marg (off Route 208 between Walden and the village of Wallkill), Walden, NY 12586 Call **(845) 778-1008** for more information. www.shantimandir.com



If you wish to visit outside of these hours, please call (845) 778-1008. http://www.shantimandir.com/shop/

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