

# Meditation Retreat

## DIVINE LOVE

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Saturday, January 25  
9:00am to 4:00pm

This year we are starting a monthly one-day Meditation Retreat series. The subject for this month's retreat is Divine Love.

The retreat will include:

- Interactive sessions
- Meditation
- Quiet contemplation
- Kirtan
- Wholesome food, good company, and more

Come and immerse yourself in contemplation and meditation!

Conducted by Devayani and Vivek.

Registration required

Suggested donation: \$100

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Mark your calendars for the upcoming Meditation Retreats:

February 8 Cultivating Mental Balance

March 1 The Path of Self-Recognition (Shivaratri)

April 5 Honoring the Divine Feminine (Navaratra)

To learn more about Shanti Mandir, visit [www.shantimandir.com](http://www.shantimandir.com)